



“Mary and Joseph Faced It Too”

Matthew 1:18-25; Luke 1:26-38

For the last two sermons I have taught how the Word of God can give you what you need when your world caves in, and how to control your emotions when you feel that you have reached the end of your spiritual, emotional and psychological rope. This sermon and the verses can be applied to your life throughout the year. It's not easy to maintain your stability when anger, anxiety, worry, frustration, disappointment, criticism, rejection and other emotions everyone must face and endure, confront you daily.

It is a recognized and accepted fact that during the Christmas and New Year Season, some of the highest emotions confront us all. The joys, excitement, sadnesses, expectations are all at their peak, during this time, however, to be victorious during moments of fear, doubt, and frustration, there is an example, in the Bible of a couple who trusted and obeyed God and who we can admire.

In Matthew 1:18-25; Luke 1:26-28 is the familiar story of the betrothal of Joseph and Mary which ultimately created every known human emotion. This Sunday, we want to use the Word of God to teach us how Joseph and Mary successfully handled anger, worry, anxiousness, criticism, disappointment, discouragement, frustration, rejection and all of the other emotional challenges of a young couple. As we explore how Joseph and Mary confronted their challenges, we know that God was always with them.

Change your thoughts - - Change your life!! What you think about becomes who you are and if you are to become a person God expects, it is essential to dwell on His divine Word. This is the Yuletide Season remembering the birth of Jesus, why not experience a re-birth in your personal, professional, emotional, and spiritual lives. Give your cares, concerns, and life to God right now and receive this greatest gift of all for this season – A REDEDICATED LIFE!!

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| I. <u>Anger</u> | VII. <u>Ill</u> |
| A. Proverbs 19:11 | A. Matthew 4:23 |
| B. James 1:19 | B. John 14:1 |
| C. Ephesians 4:26 | C. James 5:15 |
| II. <u>Anxious</u> (i.e. worry) | VIII. <u>Nervous</u> |
| A. Hebrews 13:6 | A. Philippians 4:7 |
| B. Philippians 4:6 | B. Joshua 1:5 |
| C. Proverbs 3:24 | C. Psalm 37:7 |
| III. <u>Criticized</u> | IX. <u>Rejected</u> |
| A. Romans 12:14 | A. Colossians 3:14 |
| B. Romans 12:17 | B. I Samuel 2:3 |
| C. Romans 12:19 | C. Romans 12:10 |
| IV. <u>Disappointed</u> | X. <u>Tempted</u> |
| A. Hebrews 10:35 | A. II Corinthians 10:13 |
| B. Psalm 103:2 | B. Isaiah 55:7 |
| C. Hebrews 13:5 | C. Luke 4:18 |
| D. Roman 8:28 | XI. <u>Tired</u> |
| V. <u>Discouraged</u> | A. Ezekiel 34:16 |
| A. Psalm 27:14 | B. Hebrews 12:1,2 |
| B. Nahum 1:7 | C. Exodus 33:14 |
| C. Psalm 42:11 | XII. <u>Unhappy</u> |
| VI. <u>Frustrated</u> | A. Psalm 118:24 |
| A. Psalm 34:19 | B. Philippians 4:4 |
| B. Job 22:21 | C. Psalm 87:15, 16 |
| C. Psalm 37:5 | |

Study each verse under each of those emotions and rejoice in the New You!!

Pastor Gerald Durley